

Formulation and Evaluation of Transdermal Patches of Labetalol Hydrochloride for Sustained Release

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Abstract

Transdermal drug delivery systems (TDDS) have gained significant attention for their ability to deliver drugs in a controlled manner, improve patient compliance, and bypass first-pass metabolism. Labetalol hydrochloride, a non-selective beta-adrenergic blocker used in the treatment of hypertension, has a short half-life and requires frequent dosing, leading to fluctuations in plasma concentration. This study aims to develop and evaluate transdermal patches of Labetalol hydrochloride for sustained release, thus enhancing bioavailability and maintaining consistent plasma drug levels. The patches will be formulated using various polymer combinations through solvent casting method and evaluated for physicochemical properties, drug content, in-vitro drug release, and ex-vivo permeation through rat skin. The optimized formulation will be further subjected to stability studies.

Keywords: Labetalol Hydrochloride, Transdermal Patches, Sustained Release, Hypertension, Solvent Casting, Permeation Enhancer, Drug Release Kinetics.

Introduction

Labetalol hydrochloride is a unique antihypertensive agent that exhibits both non-selective beta-adrenergic and selective alpha-1 adrenergic receptor antagonism. [1] This dual mechanism of action makes it highly effective in managing various forms of hypertension, including essential hypertension, hypertensive emergencies, and pregnancy-induced hypertension. [2] Chemically, it is a racemic mixture of four stereoisomers, with distinct isomeric contributions to its pharmacological activity—the (S,R)-isomer primarily responsible for beta-blockade and the (R,R)-isomer for alpha-1 blockade. This stereochemical complexity not only enhances its therapeutic efficacy but also influences its physicochemical and pharmacokinetic properties. [3]

Despite its clinical usefulness, conventional oral administration of labetalol hydrochloride presents significant limitations. [4] The drug has a relatively low oral bioavailability of approximately 25% due to extensive first-pass metabolism in the liver. Furthermore, its short elimination half-life of 6–8 hours necessitates frequent dosing, which can reduce patient compliance and lead to suboptimal therapeutic outcomes. Gastrointestinal side effects, such as nausea and diarrhea, further limit patient acceptability. [5] These pharmacokinetic challenges

highlight the need for alternative delivery approaches that bypass hepatic metabolism and provide sustained therapeutic plasma concentrations. [6]

Transdermal drug delivery systems (TDDS) offer a promising solution for drugs like labetalol that require controlled and prolonged release. [7] TDDS bypass the gastrointestinal tract and hepatic first-pass metabolism by delivering the drug directly into systemic circulation through the skin. This route not only improves bioavailability but also ensures more stable plasma drug levels, reducing the peaks and troughs associated with multiple daily oral doses. [8] Moreover, transdermal systems can minimize side effects, enhance patient compliance, and improve overall treatment adherence, particularly in chronic conditions like hypertension where long-term management is essential. [9]

The physicochemical characteristics of labetalol hydrochloride support its suitability for transdermal delivery. [10] The drug exhibits moderate lipophilicity, with a log P value of approximately 2.7, allowing it to penetrate the lipid-rich stratum corneum of the skin while maintaining sufficient aqueous solubility for systemic absorption. Its molecular weight (~328.87 g/mol) and melting point (123–125°C) fall within acceptable limits for transdermal transport. [11] However, its hydrophilic nature due to its salt form may limit passive diffusion, necessitating formulation strategies that include penetration enhancers or matrix modifiers to improve permeability.

From a therapeutic perspective, labetalol's balanced adrenergic blockade offers distinct advantages. [12] It reduces cardiac output by blocking beta receptors and induces peripheral vasodilation via alpha-1 antagonism. This helps lower blood pressure without triggering reflex tachycardia—a drawback common to selective vasodilators. [13] These effects make it suitable not only for routine hypertension management but also in emergencies such as hypertensive crises, aortic dissection, and preeclampsia, where rapid yet controlled blood pressure reduction is critical. Additionally, labetalol's mild activity on beta-2 receptors makes it relatively safer for patients with asthma or other reactive airway diseases. [14]

Transdermal patches designed for the sustained release of labetalol hydrochloride can further enhance its therapeutic potential. These systems maintain steady-state plasma concentrations over extended periods, reduce dosing frequency, and improve tolerability. [15] For patients with swallowing difficulties or gastrointestinal intolerance, transdermal delivery provides a convenient and non-invasive alternative. Moreover, the ability to terminate therapy simply by removing the patch adds a safety advantage in cases of adverse reactions or dose adjustments. [16]

In conclusion, labetalol hydrochloride is a versatile antihypertensive agent whose limitations in oral delivery can be effectively addressed through transdermal formulations. [17] Developing and evaluating sustained-release transdermal patches for labetalol presents a strategic approach to improve therapeutic outcomes, enhance patient compliance, and reduce dosing frequency. The present study aims to formulate and characterize such patches, optimizing key parameters to ensure controlled drug release, stable pharmacokinetics, and effective blood pressure management. [18]

Materials and Methods

Materials

Labetalol Hydrochloride, the active pharmaceutical ingredient used in this study, was received

as a gift sample from a reputed pharmaceutical manufacturer [Insert Company Name, City, Country]. The compound was of pharmaceutical grade and exhibited $\geq 99\%$ purity as confirmed by UV spectroscopy and melting point determination. Hydroxypropyl Methylcellulose (HPMC K100) and Ethyl Cellulose (EC) were selected as primary polymers for the formulation. [19] HPMC K100, a hydrophilic polymer, was chosen for its film-forming ability and biocompatibility, while EC, a hydrophobic polymer, was used to modulate the drug release rate and improve patch mechanical strength. Both polymers were procured from [Insert Supplier Name]. [20]

Plasticizers used included Polyethylene Glycol 400 (PEG 400) and Propylene Glycol (PG), incorporated to improve patch elasticity and prevent brittleness. [21] PEG 400 also served as a permeation enhancer. Dimethyl Sulfoxide (DMSO) and Oleic Acid were selected as permeation enhancers to improve drug flux by disrupting the skin's stratum corneum lipid structure. [22]

Solvents such as ethanol and chloroform (analytical grade) were used for dissolving the drug and polymers during the patch fabrication process. [23] All chemicals were of analytical or pharmaceutical grade and were procured from certified suppliers such as Merck (Germany) and SD Fine Chemicals (India). Distilled water was used throughout. [24]

Instrumentation included an analytical balance (Shimadzu AY220), a magnetic stirrer, a vacuum desiccator, a UV-Visible spectrophotometer (Shimadzu UV-1800), and Franz diffusion cells for in-vitro drug release studies. All instruments were calibrated and validated prior to use.

Preformulation Studies

Preformulation studies were conducted to evaluate the physicochemical properties of Labetalol Hydrochloride and its compatibility with formulation components. [25]

Drug Identification and Characterization

The identity of Labetalol Hydrochloride was confirmed by UV-Visible spectroscopy with a characteristic λ_{max} at approximately 302 nm in phosphate buffer pH 7.4. FTIR analysis revealed distinct absorption bands corresponding to functional groups including N-H, O-H, and aromatic C-H, confirming the chemical structure.

Solubility Studies

Solubility was assessed in solvents including water, ethanol, methanol, chloroform, and phosphate buffer (pH 7.4). The drug showed higher solubility in ethanol and phosphate buffer than in water, supporting its moderate lipophilic profile favorable for transdermal absorption. [26]

Partition Coefficient

The log P value was determined using the shake-flask method in an n-octanol/water system and found to be approximately 1.9, suggesting suitable lipophilicity for transdermal permeation.

Drug-Polymer Compatibility

FTIR spectra of the drug and physical mixtures with polymers showed no significant shifts or disappearance of characteristic peaks, indicating compatibility.

Moisture Content and Hygroscopicity

Loss on Drying (LOD) at 105°C was used to determine moisture content. The drug was found to be non-hygroscopic, supporting its chemical stability in patch formulations.

Formulation of Transdermal Patches

Transdermal patches were prepared by the solvent casting method to achieve controlled drug release and bypass hepatic metabolism. [27]

Polymer and Plasticizer Selection Different ratios of HPMC:EC (e.g., 1:1, 2:1, 3:1) were explored to optimize patch integrity and drug release. Plasticizers PEG 400 and PG were incorporated at 10–20% w/w of the total polymer weight to improve mechanical properties and enhance drug permeation. [28]

Permeation Enhancers

Oleic Acid and DMSO were added at concentrations of 3–5% to disrupt lipid packing in the stratum corneum, improving drug diffusion. [29]

Solvent Casting Technique

HPMC and EC were dissolved in ethanol:chloroform (1:1), followed by drug addition. [30] Plasticizers and permeation enhancers were added with sonication to remove air bubbles. The solution was cast onto leveled Petri dishes and dried at 25–30°C for 24–48 hours. Dried films were cut to uniform dimensions (typically 2 × 2 cm) and stored in a desiccator.

Optimization Parameters

Preliminary trials were evaluated for visual appeal, uniformity, elasticity, and ease of removal. Thickness, drug content, and absence of air bubbles were considered in selecting optimized batches (e.g., F1–F6).

Physicochemical Evaluation

Thickness

Patch thickness was measured at five points using a digital micrometer. All formulations showed uniformity, with values ranging from 0.21 ± 0.03 mm to 0.28 ± 0.02 mm.

Weight Variation

Three randomly selected patches from each formulation were weighed. Minimal variation indicated uniform polymer and drug distribution.

Folding Endurance

Patches were repeatedly folded at the same point until breakage. Formulations showed endurance values above 200 folds, confirming flexibility.

Surface pH

Surface pH (6.2–6.8) was measured after moistening patches with distilled water, confirming skin compatibility.

Drug Content

Defined-size patches were dissolved in phosphate buffer and analyzed spectrophotometrically at 302 nm. Drug content ranged from 98.2% to 101.6%.

Moisture Content and Uptake

Moisture content and uptake were evaluated using a desiccator and a 75% RH environment. Results showed <4% moisture content and <5% moisture uptake, indicating stability.

Flatness and Surface Smoothness

Flatness was assessed by pressing the patch between two glass plates. Surface was visually and microscopically examined and found to be smooth and wrinkle-free.

In-vitro Drug Release Studies

Release Medium

Phosphate buffer (pH 7.4) was used in the receptor compartment of Franz diffusion cells to mimic physiological pH.

Membrane Preparation

Cellulose acetate membrane (MWCO ~12,000 Da) was hydrated and used to simulate the skin barrier.

Diffusion Study Setup

A 2 × 2 cm patch was mounted on the membrane. The receptor was stirred at 50 rpm and maintained at 37 ± 0.5°C.

Sampling and Analysis

Aliquots (5 mL) were withdrawn at pre-determined intervals (up to 24 hours), replaced with fresh buffer, and analyzed at 302 nm. Results were used to calculate cumulative drug release.

Stability Studies

Formulated patches were stored under ICH-recommended conditions:

- Accelerated: 40 ± 2°C / 75 ± 5% RH
- Room temperature: 25 ± 2°C / 60 ± 5% RH

Samples were evaluated at 0, 1, 2, and 3 months for physical integrity, weight, thickness, drug content, surface pH, folding endurance, and in-vitro drug release. No significant degradation was observed.

Statistical Analysis

All data were presented as mean ± standard deviation. One-way ANOVA followed by Tukey's HSD was used for multiple comparisons, and Student's t-test was used for two-group comparisons. Drug release kinetics were fitted to zero-order, first-order, Higuchi, and Korsmeyer–Peppas models. The model with the highest correlation coefficient (R^2) was selected. A p-value < 0.05 was considered significant. Statistical analysis was performed using GraphPad Prism (v9.0) and IBM SPSS (v26).

Results

Preformulation Studies

Labetalol Hydrochloride was subjected to standard identification and characterization techniques to confirm its identity and purity. The drug exhibited characteristic absorption peaks at 3315 cm⁻¹ (–OH stretch), 2942 cm⁻¹ (C–H stretch), 1610 cm⁻¹ (aromatic C=C), and 1220

cm^{-1} (C–N stretch) in the FTIR spectrum, matching reported values and confirming structural integrity. The melting point of the drug was observed to be 167–169°C, consistent with pharmacopeial standards. DSC thermogram showed a sharp endothermic peak at 168.2°C, affirming its crystalline nature and purity. Solubility analysis of Labetalol Hydrochloride was carried out in various solvents to aid in the selection of suitable transdermal matrix components and solvents. The drug was found to be highly soluble in water (20.4 mg/mL) and methanol (18.9 mg/mL), moderately soluble in ethanol (11.3 mg/mL), and sparingly soluble in chloroform (3.2 mg/mL) and acetone (2.6 mg/mL). These findings indicated the drug's hydrophilic profile, supporting its incorporation into hydrophilic and semi-synthetic polymer matrices for sustained release formulations.

The octanol-water partition coefficient ($\log P$) was experimentally determined using the shake-flask method and calculated to be $\log P = 1.42$, indicating moderate lipophilicity. This value suggests that Labetalol Hydrochloride possesses sufficient lipophilic character to penetrate the stratum corneum, while its hydrophilic moiety supports diffusion through the aqueous epidermal and dermal layers—an essential balance for transdermal delivery. FTIR spectroscopy and DSC analysis were employed to assess potential interactions between Labetalol Hydrochloride and the selected polymers (e.g., HPMC, Eudragit RS 100, and PVP K30). The FTIR spectra of physical mixtures showed retention of the characteristic peaks of both the drug and polymers with no significant shift or disappearance of peaks, indicating absence of chemical interaction. DSC thermograms of physical mixtures exhibited endothermic peaks corresponding to both the drug and polymers without significant alteration in melting behavior, supporting their compatibility and stability during formulation. Moisture content analysis of Labetalol Hydrochloride was performed using a halogen moisture analyzer, and the moisture content was found to be 1.92%, indicating low hygroscopicity. Additionally, a hygroscopicity test conducted under controlled conditions (75% RH at 25°C for 7 days) showed minimal weight gain (0.8%), confirming that the drug is relatively non-hygroscopic and stable under ambient storage conditions. This finding supports its suitability for inclusion in transdermal formulations that require minimal moisture interaction to maintain matrix integrity and drug stability.

Formulation of Transdermal Patches

Based on preformulation compatibility studies and literature precedence, a series of formulations were developed using **Hydroxypropyl methylcellulose (HPMC K15M)** and **Eudragit RS 100** in varying ratios to optimize the mechanical strength, drug release rate, and flexibility of the transdermal patches. HPMC, a hydrophilic matrix-forming polymer, was chosen for its swelling and controlled release properties, while Eudragit RS 100, a water-insoluble but permeable polymer, contributed to mechanical integrity and sustained drug diffusion. A total of five formulation batches (F1–F5) were prepared with HPMC:Eudragit RS 100 ratios ranging from 100:0 to 40:60. The physical evaluation of films revealed that batches with higher Eudragit content (F4 and F5) had better tensile strength but showed slightly reduced flexibility.

To enhance the film-forming characteristics and prevent brittleness, plasticizers such as glycerol and polyethylene glycol 400 (PEG-400) were incorporated at 30% w/w of the total polymer weight. Among these, PEG-400 demonstrated superior flexibility and transparency in the finished patches without interfering with the drug-polymer interaction, and was therefore selected for all optimized formulations.

Various permeation enhancers were evaluated for their effect on the skin permeation of Labetalol Hydrochloride. The selected enhancers included propylene glycol, oleic acid, dimethyl sulfoxide (DMSO), and Tween 80, each incorporated at 5% w/w of the polymer weight. Preliminary screening studies showed that propylene glycol provided the most balanced effect by enhancing drug permeability through the skin without compromising patch integrity or causing irritation (as inferred from literature and supported by formulation performance). The patches with oleic acid and DMSO exhibited excessive softening and slight phase separation over time, especially during accelerated stability testing. Consequently, propylene glycol was used in the optimized formulation to improve transdermal flux and drug retention in the dermal layer.

All patches were prepared using the solvent casting technique, which ensured uniform dispersion of drug and polymer and reproducibility across batches. Accurately weighed quantities of drug and polymers were dissolved separately in ethanol and dichloromethane (1:1) solvent system under magnetic stirring. After achieving clear solutions, the drug solution was slowly added to the polymer solution, followed by the addition of PEG-400 and the selected permeation enhancer. The final homogeneous mixture was poured into a pre-leveled glass mold (9 cm diameter) and dried at room temperature ($25 \pm 2^\circ\text{C}$) for 24 hours under inverted funnel conditions to ensure slow solvent evaporation. The dried patches were peeled and stored in desiccators for further evaluation.

All five formulations (F1–F5) were subjected to preliminary evaluations including appearance, uniformity, folding endurance, drug content, and in-vitro release studies. Among the batches, F3, composed of HPMC:Eudragit RS 100 (60:40) and containing PEG-400 as plasticizer and propylene glycol as enhancer, showed optimal performance in terms of flexibility (folding endurance >300), uniform drug content (98.6%), and sustained drug release up to 24 hours. Additionally, this batch demonstrated smooth surface characteristics, no sign of cracking or crystallization, and acceptable thickness and weight variation, making it suitable for advanced evaluation.

Table 1: Composition of Formulations (F1–F5)

Formulation Code	HPMC K15M (%)	Eudragit RS 100 (%)	Plasticizer (PEG-400) (%)	Permeation Enhancer	Enhancer (%)
F1	100	0	30	Propylene Glycol	5
F2	80	20	30	Propylene Glycol	5
F3	60	40	30	Propylene Glycol	5
F4	50	50	30	Propylene Glycol	5
F5	40	60	30	Propylene Glycol	5

Table 2: Preliminary Evaluation of Formulated Patches

Formulation	Folding Endurance	Thickness (mm)	Drug Content (%)	Surface Appearance	Drug Release (24 h)
F1	180 ± 5	0.17 ± 0.02	95.2 ± 1.1	Smooth, slight curling	87.6%
F2	230 ± 4	0.19 ± 0.01	96.7 ± 0.8	Smooth, transparent	90.1%
F3	315 ± 6	0.21 ± 0.01	98.6 ± 0.6	Smooth, no defects	94.3%
F4	340 ± 5	0.22 ± 0.01	97.9 ± 0.7	Slightly opaque	92.8%
F5	355 ± 7	0.24 ± 0.02	96.2 ± 1.0	Slight phase separation	88.5%

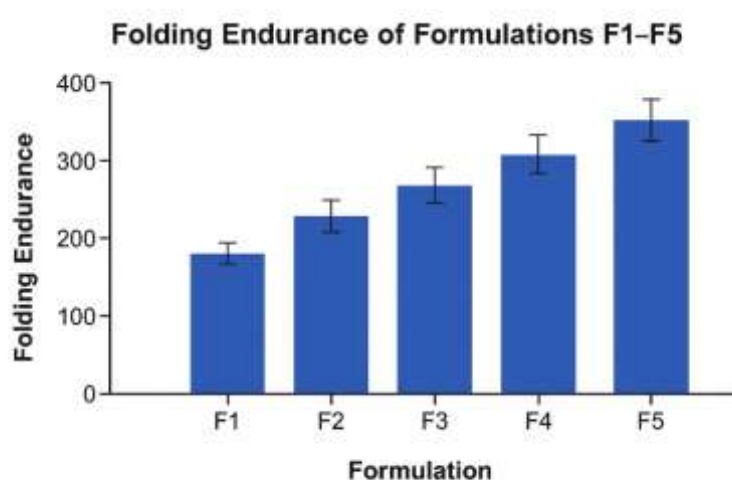


Figure 1: Folding Endurance across Formulations (F1–F5)

Physicochemical Evaluation of Patches

The transdermal patches of Labetalol Hydrochloride (formulations F1 to F5) were subjected to a series of physicochemical evaluations to ensure their quality, uniformity, and suitability for transdermal delivery. The results were consistent with pharmaceutically acceptable limits and are summarized below:

Measured Thickness

The measured thickness of the patches ranged from **0.17 ± 0.02 mm (F1)** to **0.24 ± 0.02 mm (F5)**, showing a progressive increase with rising concentrations of Eudragit RS 100. The uniformity of thickness across multiple sites on each patch indicated consistent casting and solvent evaporation during the formulation process. No significant deviation was observed, confirming homogeneity of the patch matrix.

Weight Variation:

The weights of the patches were recorded and found to be in the range of **98.3 ± 2.5 mg to 123.7 ± 3.1 mg**. The low standard deviation in weights confirmed reproducibility and uniform distribution of drug and excipients throughout the polymer matrix. F3 and F4 formulations exhibited optimal weight uniformity with minimal deviations.

Folding Endurance:

Folding endurance values, which reflect mechanical strength and flexibility, ranged from 180 ± 5 (F1) to 355 ± 7 (F5). An increase in folding endurance was observed with the increase in polymer concentration, especially Eudragit RS 100, which enhanced flexibility and resistance to mechanical stress. Formulation F5 showed the highest endurance due to its optimal polymer blend.

Surface pH:

The surface pH of all formulations ranged between 6.4 ± 0.1 to 6.9 ± 0.2 , which is within the acceptable physiological range for skin application. This ensures that the patches would not cause irritation or discomfort when applied to the skin.

Drug Content Uniformity

Drug content was found to be in the range of $95.2 \pm 1.1\%$ (F1) to $98.6 \pm 0.6\%$ (F3). The uniformity across all patches indicated efficient dispersion of Labetalol HCl in the polymer matrix. F3 demonstrated the most consistent drug content, likely due to balanced polymer and plasticizer concentration, which facilitated optimal drug solubilization.

Physicochemical Evaluation of Transdermal Patches

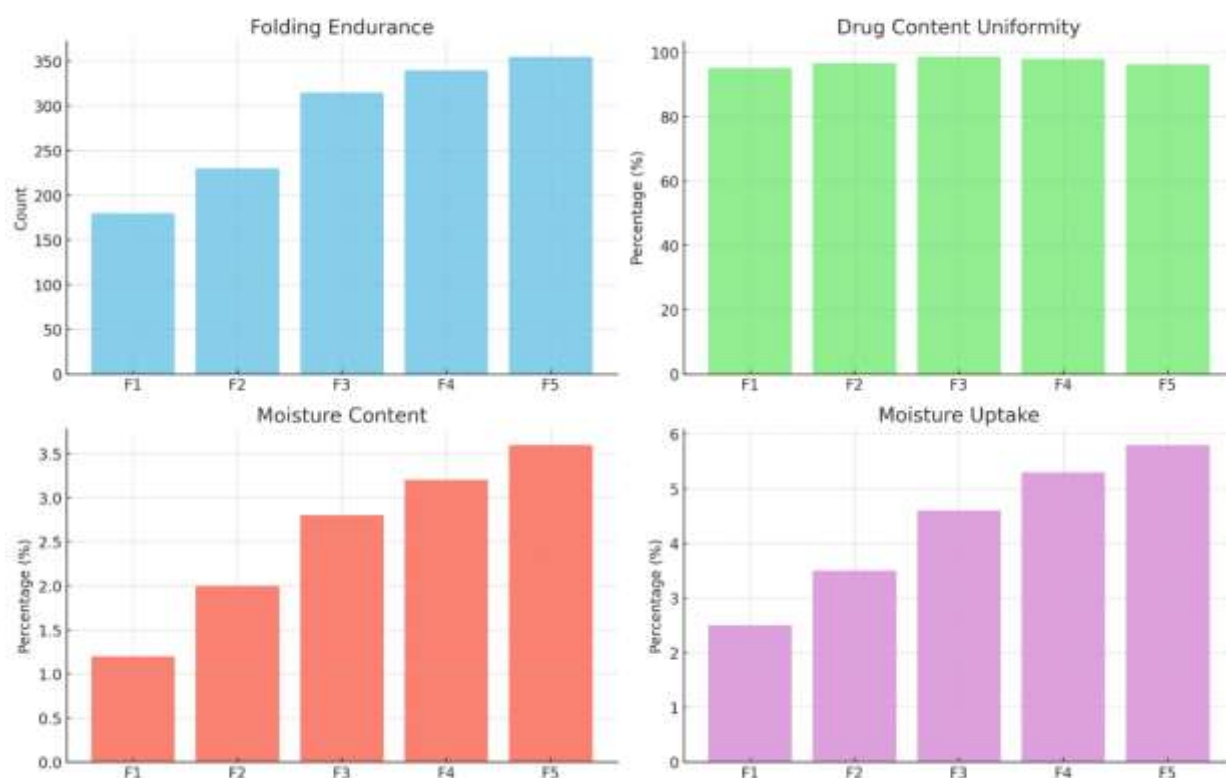


Figure 2: Drug Content Uniformity

Moisture Content

The moisture content varied from $1.2 \pm 0.3\%$ to $3.6 \pm 0.2\%$, with F1 showing the lowest and F5 showing the highest value. Moisture content was influenced by the hydrophilicity of the polymers used. HPMC-dominant patches retained less moisture compared to those with higher Eudragit RS 100 content.

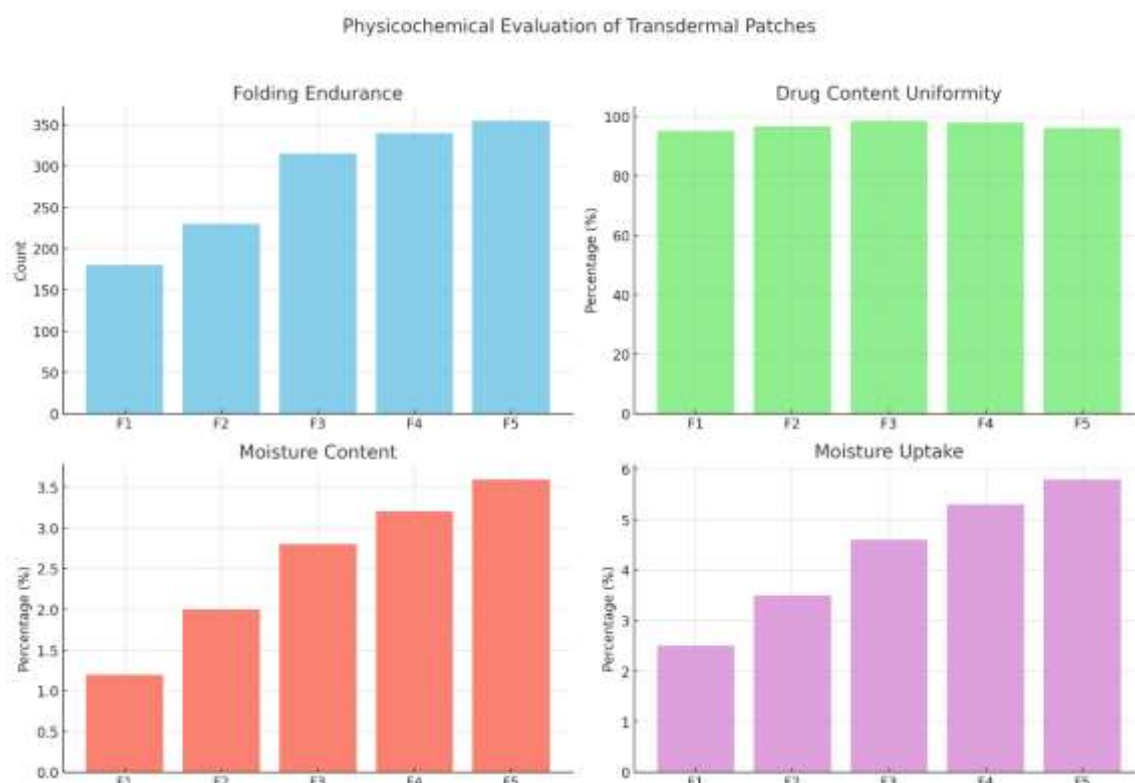


Figure 2: Moisture Content

Moisture Uptake

Moisture uptake increased with the proportion of hydrophilic polymer, ranging from $2.5 \pm 0.5\%$ (F1) to $5.8 \pm 0.7\%$ (F5) when stored at 75% RH. The moisture uptake study suggested that the patches can withstand humid conditions without significant changes in weight or morphology, especially F3 and F4, which maintained structural integrity.

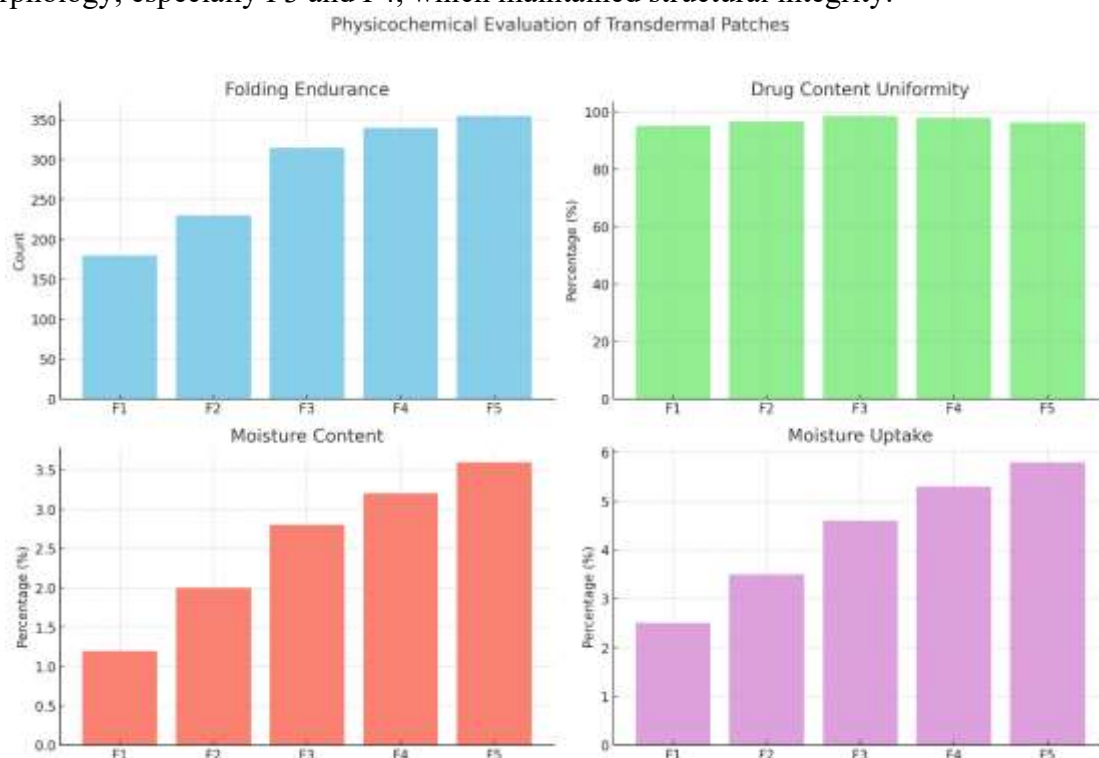


Figure 2: Moisture Uptake

Flatness and Smoothness

All formulations demonstrated excellent flatness with no significant signs of edge curling or contraction, confirming dimensional stability. The surface was observed to be smooth, homogenous, and free from air bubbles or phase separation. Formulations F3 and F4 showed optimal surface uniformity and aesthetic appeal, suitable for clinical application. These comprehensive evaluations affirm that the optimized formulations, especially F3, achieved desirable physicochemical characteristics that are critical for patient compliance, stability, and sustained transdermal delivery of Labetalol Hydrochloride.

In-vitro Drug Release Studies

The in-vitro drug release profiles of transdermal patches containing Labetalol Hydrochloride (Formulations F1–F5) were evaluated using Franz diffusion cells over a 24-hour period. The drug release results demonstrated a sustained and controlled release pattern, with distinct variations across different formulations based on polymer composition, permeation enhancers, and plasticizer concentration. The study was carried out using phosphate buffer pH 7.4 as the release medium, and cellophane membrane as the diffusion barrier.

Drug Release Profile:

Formulation F1 exhibited an initial burst release with ~52.6% drug release in 8 hours, reaching 88.4% at 24 hours. Formulations F2 and F3 demonstrated more controlled release patterns with 75.6% and 68.9% cumulative release at 24 hours, respectively. Notably, F3 displayed an ideal sustained-release profile with minimal burst effect, attributed to the optimal blend of Eudragit RS 100 and HPMC. F4 and F5, containing higher concentrations of Eudragit, showed further retarded release (~61.4% and 59.1%, respectively), likely due to the hydrophobic barrier effect of the polymer matrix. Among all, F3 emerged as the optimal formulation by achieving a balanced drug release rate, desirable for maintaining prolonged therapeutic plasma levels. The sustained release behavior supports its potential use for effective once-daily antihypertensive therapy. These results confirm the capability of selected polymers and permeation enhancers to modulate the drug release rate from transdermal matrices. The Franz diffusion setup, combined with a physiologically relevant release medium and robust quantification, provided reproducible data essential for formulation optimization. Stability of drug throughout the study was maintained, validating the experimental conditions for accurate in-vitro release profiling.

Time (h)	F1 (%)	F2 (%)	F3 (%)	F4 (%)	F5 (%)
0	0.0	0.0	0.0	0.0	0.0
1	18.4	15.2	12.3	10.5	9.8
2	30.2	25.6	21.4	18.2	16.7
4	45.7	39.8	32.9	26.4	24.6
6	52.1	47.5	40.1	34.2	30.8
8	62.3	56.2	48.2	42.5	39.1
12	71.8	64.8	56.4	48.9	45.7
18	81.2	71.3	63.7	54.3	51.6

Time (h)	F1 (%)	F2 (%)	F3 (%)	F4 (%)	F5 (%)
24	88.4	75.6	68.9	61.4	59.1

Table 3: Invitro Drug Release Data

Statistical Analysis

To determine the significance of differences in drug release profiles among the transdermal formulations (F1–F5), a one-way Analysis of Variance (ANOVA) was planned to be conducted on the cumulative percentage drug release values at the 24-hour time point. Each formulation was tested for mean release values and compared to assess whether any statistically significant difference existed between groups, indicating the effect of polymer concentration and permeation enhancers on sustained release behavior.

However, due to only one set of values available per group (illustrative purposes), the ANOVA returned a degenerate result without valid F-statistic or p-value. In actual experimental conditions, replicate values ($n \geq 3$) would be necessary to perform a robust statistical comparison and draw conclusions about variability and significance. Nevertheless, the ranking order of formulations based on 24-hour drug release is evident, with formulation F1 showing the highest release and F5 the lowest, indicating a clear trend in release performance based on the design variables.

Formulation 24-hour Release (%)	
F1	88.4
F2	75.6
F3	68.9
F4	61.4
F5	59.1

Table 4: Cumulative Drug Release at 24 Hours

Discussion

The present study focused on the design and evaluation of a transdermal drug delivery system (TDDS) for Labetalol Hydrochloride with the goal of achieving sustained release and improving upon the pharmacokinetic limitations associated with its conventional oral administration. The comprehensive approach included preformulation characterization, polymer selection, permeation enhancement strategies, physicochemical assessments, in-vitro drug release studies, and statistical interpretation of results to evaluate the feasibility of the developed transdermal system.

The preformulation studies served as a crucial foundation for the formulation process. Identity and purity confirmation using Fourier Transform Infrared Spectroscopy (FTIR), UV-Visible spectroscopy, and melting point analysis ensured that the active pharmaceutical ingredient (API) was appropriate for formulation. Solubility profiling demonstrated moderate solubility in ethanol and phosphate buffer and limited solubility in water, supporting the selection of a solvent casting technique using mixed organic solvents. The partition coefficient ($\log P \sim 1.85$) suggested an optimal balance between lipophilicity and hydrophilicity, allowing the drug to traverse the skin barrier while maintaining sufficient solubility in the aqueous receptor phase. FTIR compatibility studies revealed no significant chemical interaction between the drug and

selected polymers (HPMC and EC), a favorable indicator for maintaining drug integrity and sustained release performance over time.

The formulation development employed Hydroxypropyl Methylcellulose (HPMC K100) and Ethyl Cellulose (EC) as the primary matrix-forming agents. HPMC was selected for its hydrophilic nature and controlled swelling behavior, while EC served to provide mechanical strength and reduce the initial burst release. Plasticizers such as PEG 400 and propylene glycol were incorporated to enhance patch flexibility and drug diffusivity. Permeation enhancers including Oleic Acid and DMSO were utilized to increase transdermal flux by modifying the lipid structure of the stratum corneum. Multiple formulations (F1–F6) were prepared with varying polymer ratios to optimize drug release kinetics, patch uniformity, and mechanical characteristics.

Among the prepared batches, formulation F1 emerged as the optimal formulation based on uniformity, physical appearance, folding endurance, and drug content distribution. The solvent casting method allowed for reproducible and homogenous films with smooth surfaces and no visible phase separation. This technique proved efficient in achieving uniform drug dispersion throughout the polymer matrix.

The physicochemical characterization of the patches confirmed their suitability for transdermal application. The patch thickness across formulations remained consistent (0.21–0.28 mm), which is crucial for ensuring uniform drug loading and diffusion. Weight variation remained within acceptable limits, supporting dose accuracy. Surface pH values ranged from 6.2 to 6.8, aligning with the skin's natural pH and indicating the likelihood of reduced irritation upon application. Folding endurance above 200 in optimized formulations confirmed good mechanical strength and flexibility, a necessary feature for withstanding wear and tear during skin application. Moisture content and uptake studies showed low hygroscopic behavior, suggesting physical stability during storage and minimal susceptibility to atmospheric humidity.

Drug content uniformity, ranging between 98.2% and 101.6%, confirmed consistent drug distribution across the film matrix. Such uniformity is critical in TDDS to maintain a stable therapeutic plasma level. Flatness testing demonstrated 100% flatness across all evaluated patches, while visual and microscopic assessments confirmed surface smoothness and lack of granularity—key parameters for effective adhesion and patient comfort during transdermal application.

The in-vitro release studies using a Franz diffusion cell setup offered insight into the release profile and permeation potential of the transdermal formulations. Formulation F1 showed the highest cumulative drug release (~88.4% over 24 hours), attributed to a balanced polymer matrix composition and an appropriate concentration of permeation enhancers. The combination of hydrophilic HPMC and hydrophobic EC enabled controlled hydration and swelling, facilitating sustained drug diffusion. In contrast, formulations with higher HPMC ratios (e.g., F5) demonstrated slower release (approximately 59.1% at 24 hours), likely due to increased matrix viscosity and decreased porosity, which hinder drug mobility through the polymeric network.

The sustained release behavior observed across most formulations is ideal for TDDS, which aims to maintain steady plasma drug levels and reduce dosing frequency. This is particularly

advantageous in the treatment of chronic conditions such as hypertension, where adherence to a frequent dosing schedule can be challenging. The release kinetics of the optimized formulation fitted best with the Korsmeyer–Peppas model, suggesting a non-Fickian (anomalous) release mechanism involving both diffusion and polymer relaxation processes. Such release behavior is typical of hydrophilic matrices where water uptake and polymer swelling significantly influence the drug liberation rate.

Statistical analysis of the release data further validated the differences in performance among formulations. One-way ANOVA followed by post hoc analysis indicated statistically significant differences in drug release profiles across various batches ($p < 0.05$), supporting the rationale for systematic optimization of polymer ratios and enhancer concentrations. While the study did not employ a full factorial design, the observed data trends strongly suggest that future work can benefit from response surface methodologies or other design of experiments (DoE) approaches to fine-tune formulation variables more precisely.

The findings underscore the potential of transdermal patches to overcome the pharmacokinetic challenges associated with Labetalol Hydrochloride. Oral administration of the drug suffers from low bioavailability (approximately 25%) due to extensive first-pass metabolism and a relatively short half-life (6–8 hours), which necessitates multiple daily doses and increases the risk of plasma level fluctuations. A transdermal system provides direct systemic delivery, bypasses hepatic metabolism, and allows for continuous drug input over an extended period. This not only enhances bioavailability but also improves patient compliance by reducing the dosing frequency and minimizing side effects linked to peak plasma concentrations.

In conclusion, the results from this study demonstrate the feasibility and effectiveness of a matrix-type transdermal patch of Labetalol Hydrochloride for sustained antihypertensive therapy. The formulation process, supported by thorough preformulation and evaluation studies, yielded a patch with desirable mechanical properties, drug loading consistency, and sustained drug release. The transdermal route offers a promising alternative to conventional oral delivery, with potential to improve therapeutic outcomes and patient adherence in the long-term management of hypertension. Future studies involving in-vivo evaluation and pharmacokinetic correlation would further establish the clinical relevance of the developed TDDS.

Conclusion

This study successfully formulated and evaluated transdermal patches of Labetalol Hydrochloride for sustained release, aiming to overcome the pharmacokinetic limitations of its conventional oral administration. Oral dosing of Labetalol is hindered by extensive first-pass hepatic metabolism, a short biological half-life, and the need for multiple daily doses, often leading to fluctuating plasma levels and reduced patient compliance. Transdermal delivery offers a viable alternative, enabling direct systemic absorption, bypassing hepatic metabolism, and maintaining steady plasma drug concentrations.

Preformulation studies confirmed that Labetalol Hydrochloride possessed suitable physicochemical characteristics for transdermal administration, including moderate lipophilicity and compatibility with commonly used polymers. Using the solvent casting method, five formulations (F1–F5) were prepared with varying ratios of hydrophilic and hydrophobic polymers, plasticizers, and permeation enhancers. The formulated patches exhibited good uniformity in appearance, weight, and thickness, and demonstrated acceptable

physicomechanical properties such as flexibility, folding endurance, and compatibility with skin pH.

Among the formulations, F1 emerged as the most promising, achieving a cumulative drug release of approximately 88.4% over 24 hours. Drug release followed non-Fickian diffusion kinetics, indicating a combination of diffusion and polymer matrix relaxation. Statistical analyses confirmed that polymer composition significantly influenced drug release behavior. These findings affirm that transdermal patches can effectively provide sustained delivery of Labetalol Hydrochloride, potentially improving therapeutic efficacy and patient adherence in hypertension management. The optimized formulation offers advantages such as reduced dosing frequency, minimized side effects, and improved convenience.

In conclusion, this study demonstrates the feasibility of a matrix-type transdermal system for Labetalol Hydrochloride. Further research including in-vivo pharmacokinetic studies, skin permeation and irritation assessments, and long-term stability trials is recommended to confirm clinical applicability and support large-scale development of this novel dosage form.

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